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On Wednesday March 1st, we will celebrate the beginning of Lent with our Ash Wednesday Service. For many lent is a time of sacrifice and we choose to give up something in our life that gives us pleasure. For some it may be sweets, or perhaps soda pop, it may be stepping away from an activity that consumes too much of our time. Regardless of whether you use this time as a time of sacrifice, it should be a time of reflection for all of us.



In the entry of the church you will find a daily devotional prayer journal entitled "A Love That Never Dies". These journals are free and I hope everyone will take one home and use it to block out some quiet time each day to grow closer in your relationship with Christ. As we journey through these 40 days to Holy Week and again experience the Resurrection of our Lord I would urge each of us to pick up our Bibles and read again the events that lead Jesus to the cross.

May you experience God's unconditional love today and always.

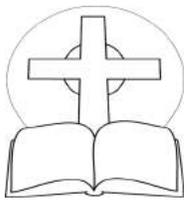
Blessings,
Kelly

Different Ways to reflect during Lent



- ◇ Pick up Your copy of "A Love That Never Dies" in upstairs entry way.
- ◇ Attend Ash Wednesday Services.
- ◇ Attend Wednesday Night Supper & Soul.
- ◇ Pick up your bible!





Applying Bible Principles

“ . . . ask and it will be given to you; seek and you will find; knock and the door will be opened to you” (Luke 11:9).

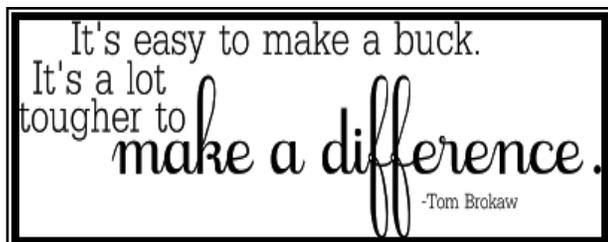
God has a wonderful “system” by which we as His children are to get our needs met. It’s a very simple “system,” but somehow, we fail to utilize it as we should. Here’s the plan: God says we are to ask Him. Is that simple or what? We are to call unto Him, to cry out our needs before Him, to bring our petitions before His throne. But somehow, we must think His plan is too complex, for with most of us, asking God is the last thing we do when we have needs.

Oh, we’ll tell our friends. We’ll discuss our needs with any and all who have the patience and courtesy to listen. We’ll frequently complain about our problems, even to the extent of sometimes holding God responsible for His seeming failure to provide for us. But ask God? Usually we’ll do that only as a last resort.

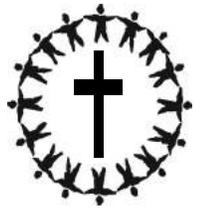
The result is a sad state of affairs among Christians. “You want something but don’t get it. . . . You do not have, because you do not ask God. When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures” (James 4:2-3). So our needs go unmet because either we do not ask or we ask with wrong motives.

J. Irvin Overholtzer was a pastor who was greatly used by God as the founder of Child Evangelism Fellowship. His philosophy of providing for the financial needs of this world-wide organization was this: “Ask God . . . and tell His people.” Yes, we need to share our needs with others. We ought to make others aware of opportunities for them to get involved in being used of God to meet those needs. But the *first* step in the entire process is this: “Ask God.”

And when we do, we can claim His promise stated so clearly in Jeremiah 33:3 — “Call to me and I will answer you and tell you great and unsearchable things you do not know.”



FROM YOUR
MODERATOR
Carroll Rinker



Just as the trees are building up energy getting ready to burst into bloom and leaf, the spring season is a great time for West Lake Christian Church to build up energy for our service in the community. The season of Lent is beginning. It is our time to prepare for the coming of Christ in our lives.

Lent begins with Ash Wednesday on March 1 and culminates with Easter Sunday on April 16. Our Wednesday night Supper and Soul is a wonderful opportunity to begin that preparation. The time to get to know people and share dinner with them is priceless. Then Kelly finds a way to inspire us with song and thoughts. If you haven’t come before you are really missing out.

Another anticipated event will be the hanging of a new sign for the church at the corner of Hwy 5 and Hwy O. It will be lighted and at the top of the posts. Several donations are making this sign possible. This sign will make us more visible in the community and easier to locate. Watch for its installation.

What will you do for God’s service?



BOARD MEETING!

Thursday,
March 9th
@ 11 a.m.

(The time has moved from
10 a.m. to 11 o'clock)

Copies of the monthly Board Minutes
and Financials are always available
in the church office.

CWF NEWS

**Christian
Women's
Fellowship**

Can you believe this warm weather in the middle of February?!! Now we may get 12 inches of snow in March but so far this winter is non-existent. My surprise lilies and the daffodils are coming up.

The 2016 year was really a great opportunity for CWF. The group raised \$10, 296.97 through the Treasures and Treats Sale, Craft and Quilt Sales, hosting Newcomer Luncheons, collecting Best Choice labels, monthly collections and other various contributions. Those funds were then used to benefit several organizations. Donations were made to Show-Me Youth Home, Lovelight Ministries, Worldwide Missionaries, Festival of Sharing, Pregnancy Help Center, and Laurie Care Center. Money was also given to various needs within the church. Debt reduction and church bills benefited. Contributions were made to the electric bill and Jiffy Stop for trash disposal. A new fish fryer and water softener were purchased for the kitchen. A little red wagon helps in the collection of food for Community for Christ. New tables were needed for multiple uses within the church. Many other causes were supported by contributions from CWF. A total of \$11,997.47 supported these important missions. I am constantly amazed by the dedication and hard work of this great group of women.

Join us at our next meeting on March 14 with a potluck lunch at 11:30 AM. Hostesses will be Gerri Beard and Gail Renick. Hope to see you there.

Carroll Rinker, President

CWF MEETING



**Tuesday,
March 14,
2017**



**MARCH
BIRTHDAYS**

- 2..... Charles Wallace
- 4..... Greg Kissell
- 7..... Carroll Rinker
- 7..... Lorene Wilcox
- 8..... Peggy Lippitt
- 9..... Jim Nielsen
- 9..... Sue Wentz
- 11..... Mary Cline
- 15..... Norma Johnson
- 17..... Nancy Caldwell
- 18..... Melvin Bayless
- 18..... Ruth Somers
- 20..... Maggie Houdek
- 21..... Carol Easter
- 21..... Sharon King
- 27..... Ruth Magill
- 29..... Mary Ellen Flinn
- 30..... Cindy Hoch
- 31..... Diane Gilmore



**MARCH
ANNIVERSARIES**

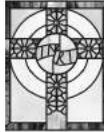
- 12..... Mick & Kathie Williams
- 31..... Norman & Judith Richardson

If your birthday or anniversary is not included, please notify the church office.



Prayer List

Thelma Boice	Donna Killion
Kim Bruner	Ken Kimminau
Helen Caldwell	Teresa Kimminau
Larry Clark	Nathan Lofland
Inez Couch	Marty McGinnis
Lura Driscoll	Eva Millard
Angela Flores	Judy Rockwell
Carolyn Garrison	Audrey Self
Tom Haywood	Sue Thrams
Jeff Harris	Helen Smith
Peter Hemmel	Debbie Teal
Tammy Hendrix	Lorene Wilcox
Jane Hyde	Charles Wilson
Dona Johnson	
Roy Johnson	



Laurie Care Center
&
The Knolls Residents

Helen Blackwell,
Helen Caldwell,
Maxine Ellis,
Stanley Field,
Donna Killion,
Freida Shackelford,
Lorene Wilcox.

The above people have been in need of our prayers. Please call the church office if you would like a name on the prayer list. Names will be taken off the list after one month, but you are always welcome to request that the name be added again.

*Thanks
Many Thanks
Thanks
Thanks
Thanks*

Thank you for all the loving and caring cards that were sent to us upon the passing of my Mother. Your sympathy, kindness, and prayers have been a great comfort to us and are deeply appreciated.

Mike and Susan Thrams



Dear Friends,

On behalf of CADV/VOC. I would like to thank you for the recent donation of \$102.00. Your continued support does so very much to assist our clients.

When an individual decides to make the break from violence, they enter into the most dangerous time for a victim of domestic and/or sexual violence. Statistics show that chances of fatality increase by 75% when leaving an abusive relationship. This in combination with fear, which an abuser consistently imposes on a victim, commonly results in a total loss of all material items, only escaping with the clothes on their back. As the victim begins the transformation into survivor, provisions are required to reestablish a non-violent life with stability and comfort.

Thanks to your contributions, CADV is able to provide needed items in attempt to break down the barriers that prevent independence. Where there is life there is hope and with your help, hope is more readily available to the victims we serve. You have truly made a difference.

Sincerely,
Kellie Kost, Outreach Coordinator



Dear Friends at West Lake Christian:

Thank you for the generous increase in your monthly contribution to Medical Missions for Christ Clinic! Your ongoing donation help us continue our mission of providing health care to uninsured, low income individuals in a manner that reflects the love of Christ. God Bless you for your faithful support.

Carolyn Bowling, Executive Director



This Month's Ministry News

Getting a head start!

Operation Christmas Child, the Christmas boxes for children around the world, is coordinated by the Church Growth Committee as an outreach project.



This year, we are trying to get a head start and take advantage of sales throughout the year. We'll begin collecting on March 1.

Watch for notices and boxes that we will set out. Begin praying for those children as well as the ones we sent boxes to already.

Here is a reminder of the categories:

- WOW items, toys, personal care items
- School supplies
- Clothing and accessories
- These items must be new and fit into a shoe Box



SEE GOD FOR WHO HE IS NOT WHAT YOU THINK HE OUGHT TO BE

Anyone who has tried to describe God to someone else, especially an unbeliever, knows that it is easy to find yourself at a loss for words. It seems that this part of our lives, which we claim is central, is often difficult to put into words. But if you know God, shouldn't you be able to describe him? What is he like? How can we put his eternal attributes into words?

See God in a whole new light and discover that our view of God impacts every decision in our lives. It will change the way we pray, the way we live, and the way we think about the world around us.

"THE REAL GOD"
Kent Elliott



Crafts

Ladies! Join us Monday, March 6 at 9 a.m. when CRAFTS begin again. We will be working on jewelry, small ornaments, and assorted fabric crafts. All new ideas are welcome, come join us for a social time together!



Remember to set your clocks forward 1 hour for Daylight Savings Time on Sunday, March 12.

Supper & Soul



Supper & Soul Services:

starts back up on Wednesday,
March 8 at 6:30 p.m. Start your Lent with attending our mid-week Casual Worship Service and pot luck dinner. Come enjoy not only food to share with one another but food for the soul!

March Supper & Soul Kitchen Teams:

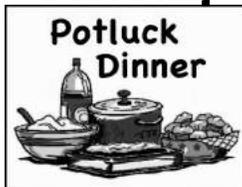
March 8: **Rick Pace & Norma Johnson. Mary Ellen Flinn, Pam & Chuck Folker, Nip Mohler.

March 15: **Carroll Rinker, Charlie & Chris Turner, Gregg Kissell, Joe Proch.

March 22: **Mike & Beckie Huckriede, Mike & Sue Thrans, Jack & Susan Chapman.

March 29:**Gary & Pam Cummins, Betty Snitker, Diane Miles, Nancy Pate, Peggy Lippitt.

Fellowship



On **Sunday, March 19**, following the worship service, we will have our monthly Fellowship Dinner. This is a great way to meet new people or get to know members of your church family that you may not know too well. Invite people from the community that may need a church family.

Remember to bring a dish or two filled with your favorite foods for the Fellowship Dinner!

Fellowship Dinner Kitchen Team

March 19:** Lenny & Sharon Hofer, Chuck & Pam Folkers, Chip Winters & Eve Powell, Randy & Karen Shackelford.

Church Directory Changes & Additions

Pat Roberts

110 Ozark Village Road
Gravois Mills, MO 65037

Mel & Jane McKeown

*Please Delete home # 374-0364
Mel's Cell #573-286-1040
Jane's Cell #573-280-8110

Please be sure to make these additions in your directory so that you will always have the most current information.
Thank you. Jan Martin



Hen - The hen represents Jesus' deep care and compassion even for those who killed prophets God had sent to them. "O Jerusalem, Jerusalem," mourned Jesus shortly before his death. "How often would I have gathered your children together as a hen gathers her brood under her wings, and you were not willing!"
Matthew 23:37, ESV

CHRISTIAN SYMBOL



March 2017



Sun

Mon

Tue

Wed

Thu

Fri

Sat

			1	2	3	4
<div style="border: 1px solid black; padding: 5px; width: fit-content;"> Sunday Schedule 9:00 A.M. ADULT STUDY ⇒ UPSTAIRS CLASSROOM ⇒ DOWNSTAIRS CHOIR ROOM 10:30 A.M. WORSHIP SERVICE </div> 			Ash Wednesday 9:30 EXERCISE 5:00 PRAISE 6:30 ASH WED. SERVICE LENT BEGINS		9:30 EXERCISE	
5 9:00 CRAFTS 9:30 EXERCISE 9:30 PRAYER	6 9:00 CRAFTS 9:30 EXERCISE 9:30 PRAYER	7 	8 9 am NEWCOMERS BOARD MTG LIBRARY 9:30 EXERCISE 5:00 PRAISE 6:30 SUPPER & SOUL	9 11:00 BOARD MEETING LIBRARY	10 9:30 EXERCISE 2 PM. SET UP TRACK 5-7 P.M. PINWOOD DERBY TIME TRIALS LOEHR CENTER	11 noon-6:30 p.m. PINWOOD DERBY CUB SCOUT TROOP LOEHR CENTER
12 **DST BEGINS CFC FOOD DRIVE	13 9:00 CRAFTS 9:30 EXERCISE 9:30 PRAYER	14 11:30 CWF MEETING	15 9:30 EXERCISE 5:00 PRAISE 6:30 SUPPER & SOUL	16 	17 St. Patrick's Day 9:30 EXERCISE	18
19 FELLOWSHIP DINNER @ 11:30	20 9:00 CRAFTS 9:30 EXERCISE 9:30 PRAYER FIRST DAY OF SPRING	21 1:30 CHURCH GROWTH MTG.	22 Newsletter Deadline! 9:30 EXERCISE 5:00 PRAISE 6:30 SUPPER & SOUL	23 6:30 ELDER'S MEETING	24 9:30 EXERCISE	25
26 2:00 p.m. GREATER LAKE AREA CHORALE	27 9:00 CRAFTS 9:30 EXERCISE 9:30 PRAYER	28 	29 Fold Newsletter 9:30 EXERCISE 5:00 PRAISE 6:30 SUPPER & SOUL	30 4:30 HAPPY HOUR SUPPORT GROUP	31 9:30 EXERCISE 6:00 DOMINOES	

West Lake Christian Church (Disciples of Christ)

936 Hwy. O
Laurie, MO 65037
(573) 374-0647

“Address Service Requested”



Website: www.westlakechristianchurch.org
Phone: 573-374-0647
Face book : www.facebook.com/westlakecc/
Office Hours: Mon-Thu 9 a.m. to 3:30 p.m.

Ministry Team

Kelly Caldwell, Pastor
Email: Pastor@westlakechristianchurch.org
Jan Martin, Church Secretary
Email: Westlakechristianchurch@gmail.com
Marilyn Rothove, Financial Associate
Email: Marilyn@westlakechristianchurch.org
Chris Turner, Music Coordinator
Betty Greenley, Parish Nurse

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From Our Parish Nurse

Betty Greenley

Stroke is a sudden loss of brain function due to a disturbance in the brain's blood circulation. This can cause permanent disability or even death. Know the signs and symptoms of stroke, and call 9-1-1 right away if you think someone might be having a stroke. Getting fast treatment is important to preventing death and disability from stroke.

MINUTES MATTER:

Someone in the United States has a stroke every 40 seconds; getting help and getting it fast is essential to survival and recovery. For this reason, the state of Missouri created the Time Critical Diagnosis system to help first responders quickly identify those hospitals best equipped to treat stroke patients.

ACT FAST!

Because anyone at any age can have a stroke, it's important to know the signs to prevent disability or death.

F.A.S.T. is an easy way to remember the signs of stroke:

- F-FACE: ask the person to smile. Is there a droop on one side or an uneven smile?
- A-ARM: ask the person to raise both arms with their eyes closed. Does one arm drift down because of weakness? Is there arm numbness?
- S-SPEECH: ask the person to repeat a simple sentence. Can he or she repeat it? Is speech slurred or difficult to understand?
- T-TIME: call 911 and get to a stroke center immediately. The faster treatment is administered the better the outcome.

Stroke



Sudden stroke symptoms may include:

- Numbness or weakness of the face, arm or leg, especially one side of the body.
- Confusion
- Trouble seeing in one or both eyes
- Trouble walking, dizziness, loss of balance or coordination
- A severe headache without a known cause.

TREATMENT OPTIONS: There are two types of stroke: ischemic stroke (insufficient blood flow which accounts for 80% of strokes each year.) and hemorrhagic stroke (a ruptured blood vessel). Treatment depends on the type of stroke. Ischemic stroke treatment is tPA (tissue plasminogen activator). According to American Stroke Association, patients can benefit from the clot-busting drug, tPA or thrombolytic drugs up to 4.5 hours after stroke symptoms begin.

RECOVERY AND REHABILITATION: Stroke is one of the leading causes of long-disability in the U.S., affecting nearly 800,000 people each year. If you have had a stroke, you can make great progress in regaining your independence with the help of rehabilitation therapy.

Resource: Lake Regional Health System-Stroke Center

Lake Regional Health System is designated a Level II Stroke Center by the Missouri Dept. of Health & Senior Services stating

that is certified to provide the highest level of expert care to patients who experience a stroke or a TIA as a Level II Stroke Center!