

Bringing you

# The Good



August 2009

Volume 21, No. 8



## Guest Singer for Wednesday Praise Service August 12

Mr. Walter Plant will return to West Lake Christian Church to share his program of Country and Southern Gospel music. Born blind, Walter is a self-taught musician, and he was his church's organist and pianist from the ages of 12-18. Walter is a professional singer and musician and with the help of his wife, Joy, he performs for many churches and organizations. This will be the third time that Walter has performed at West Lake. Mark your calendar and plan to attend Wednesday, August 12 at 7 p.m. and hear Walter Plant present his message in song.

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## Come and Enjoy Our Special Music in August

### Hand Bell Choir Performs at Wednesday Praise Service August 19



The Hand Bell Choir from Kent Memorial Lutheran Church is returning to perform a variety of hymns and songs at the August 19 Praise Service. This choir, under the direction of Jan Ellis, is made up of eleven talented members playing four octaves of hand bells. Bring a friend or neighbor to this special evening of beautiful music. You don't miss this. want to

#### Treasurer's Mini Monthly Report

Interest Paid June 1-30, 2009	\$ 1,292.96
Debt Balance May 31, 2009	\$ 417,485.44
Principal Paid June 2009	\$ 1,001.74
Debt Balance June 30, 2009	\$ 416,483.70
2nd Quarter Tithe Paid July 2009	\$ 6,837.00



## Reverend Reflections by Jim Stovall

I would like to share an article that I read in the Pension Fund Bulletin. It is entitled "The Parable of the Pencil" – Author Unknown



I spent over a year organizing and researching my collection of important dates in history. I took massive amounts of information off the web. I looked forward to the day that I could then sit down and memorize dates and events. Now I find that it is really difficult to recall all that information. Memorization is like walking through the same creek over and over.

However, I have not yet figured out a way to think better without developing the tools of memory to assist thinking. The impact of memorizing a scripture, or at least learning the substance of a passage, provides a marvelous tool for thinking.

For several years education psychologists complained that we often focus too much on memory and too little on active thought. They were right. Memory without reflection is of little use. It becomes word spouting. However, memorizing scripture, poetry or even numbers is a vital part of learning. Otherwise we would reflect on nothing.

Perhaps each of us might benefit from memorizing one important thing every week. So I share this with you: whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things.

The Pencil Maker took the pencil aside, just before putting it into the box. "There are 5 things you need to know," he told the pencil, "before I send you out into the world. Always remember them and never forget, and you will become the best pencil you can be."

"One: You will be able to do many great things, but only if you allow yourself to be held in someone's hand."

"Two: You will experience a painful sharpening from time to time, but you'll need it to become a better pencil."

"Three: You will be able to correct any mistakes you might make."

"Four: The most important part of you will always be what's inside."

"And Five: On every surface you are used on, you must leave your mark. No matter what the condition, you must continue to write."

The pencil understood and promised to remember, and went into the box with purpose in its heart.

Now replace the place of the pencil with us. Always remember them and never forget, and we will become the best people we can be.

One: We will be able to do many great things, but only if we allow ourselves to be held in God's hand. And allow others to access us for the many gifts we possess.

Two: We will experience a painful sharpening from time to time, by going through various problems in life, but we'll need it to become stronger people.

Three: We will be able to correct any mistakes we might make.

Four: The most important part of us will always be what's on the inside.

And Five: On every surface we walk through, we must leave our mark. No matter what the situation, we must continue to do our duties.

Throughout history the servants of this church have and continue to live by these principles. It is because of them, that we know about and feel God's grace in our lives. May each of us allow this parable on the pencil to encourage us to know that we are a special people and only we can fulfill the purpose to which we were born to accomplish. May we never allow ourselves to get discouraged and think that our lives are insignificant and that we cannot make a change.

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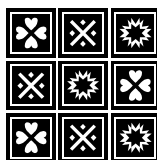
## Last month for crafters!



The craft sale is quickly coming upon us (September 4 & 5.) This is our last month to get all those craft items ready to go. Doris Yates and her workers need some more helping hands. Join them on Monday mornings at 9 a.m. till noon. There are a variety of projects to work on so you will find something you will enjoy doing. Come have fun and be creative at the same time!



Pat Roberts needs extra hands also, helping her quilt the queen size quilt for the raffle in November. The quilters meet on Monday mornings, also. Come share your talent a few hours a week and see your blessings bloom.



# Stewardship

## Prayers, Presence, Gifts, and Service

A daughter's memories and thoughts.  
**Ice Cream Church**

"It's hot! The dog days of summer are upon us. Baseball, boating, golfing, swimming, and other activities are all ways to enjoy the outdoor weather. Fudge bars, ice cream sandwiches, popsicles, double dip ice cream cones, drumsticks and sundaes are great refreshment. Some towns have ice cream trucks with music driving slowly through the neighborhoods, kids begging parents for money to get a treat! One of the things I remember about summer is homemade ice cream. Yummy! My grandparents had an electric ice cream maker; we had the hand crank type. I have fond memories of taking turns cranking, watching the icy slush come out the little hole on the side. As a child I didn't understand the need for the rock salt that was put in with the ice around the tub. Now, I understand the chemical reaction and the need for both to maximize the cold that turned the milky mix into a delectable treat.

In the church, we learn to live a life that God would be proud of, to give of ourselves and be kind to others. To give of ourselves through volunteering, participating, and treating others as Jesus did. However, the church is not made up of only the people in our congregation, but in the building that provides us a place to congregate and the larger group that we are a part of. So many good things are happening at your church: youth activities, praise team, concerts, meals, exercise, classes, prayer groups, baptisms, confirmations, weddings, funerals, and of course, worship. Just as it takes constant work to be a good Christian, it takes constant work to keep up the functions of the church. One way to do both is by our giving and tithing. It takes money to light, heat, cool and keep the church in good running order. The budget is not extravagant. The church needs your monetary help to continue its mission, just like the ice needs the rock salt to get that delicious end result. As you pay your monthly bills and expenses, please remember that your church also has bills and expenses which continue all year long.

Amy Heyn (Kent & Mary Elliott's daughter)

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### *From Our Parish Nurse* *Betty Greenley*



LRHS Parish Nurse Network  
Wellness Tip of the Month

## Migraine Headache

Migraines are headaches that are painful and many times occur with nausea, vomiting, and sensitivity to light.

### Symptoms

- Throbbing headache pain usually aggravated by physical activity
- May be on one side of the head and travel to the other side or affect the front or the whole head
- Sensitivity to light, noise, and odors
- Nausea and vomiting, stomach upset/pain
- Sensations of being very warm or cold
- Fatigue
- Dizziness
- Blurred vision

### Statistics

28 million Americans have migraines. They are more common in women. 25% of all women with migraines suffer 4 or more migraines each month. Migraines can last from 4 hours to 3 days.

### Migraine Triggers

- Emotional stress
- Sensitivity to specific chemicals or preservatives in foods, including caffeine
- Weather changes
- Menstrual periods
- Excessive fatigue
- Skipping meals

### Treatment

See your doctor if symptoms become severe or chronic. Your doctor may prescribe pain medications and/or medications for nausea. They may also be able to prescribe medications to prevent or lessen the occurrence of migraines.

# A NOTE OF THANKS...

West Lake Christian Church,

Thank you so much for the beautiful flower arrangement. It was so very deeply appreciated.

Gene Loehr and family

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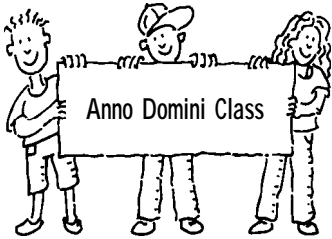
Dear WLCC,

Thank you so much for the stuffed animals that you donated to the Fire Department. They will help the children when they are scared or hurt.

Thank you again,

Gravois Fire Protection District

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The Anno Domini Class wants to thank everyone for a successful car wash and bake sale. We made \$412 on Saturday July 4. We should all be very

proud of our teens. They have done a magnificent job with all that I have asked of them. In order to go to Silver Dollar City on August 13, they had to earn 300 points, the entrance fee, gas to and from, and money for lunch and dinner. Points were assigned for the different events at the church and attendance at both services on Sunday. Five have reached these points; they are Dustin, Melissa, Tori, Naomi, and Jena. The group has decided to continue with fund raisers for the church and other goals. One of these goals was to purchase a big mixer for the kitchen which they did on Sunday, July 12.

When you see these kids give them a hug or high five, they really deserve it.

Cindy Chapman

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## Christian love and sympathy is extended to:

**Marilyn Rothove** and family upon the death of her father, Lester H. Ray, on July 13, 2009, and

**Ed Mock** and his brother Gary and family upon the death of their sister-in-law and wife, Willette Mock, on July 22, 2009.

## Church Directory Changes

Please make note of this address change.

Shirley Copeland  
16110 W 133rd St. Apt. 139  
Olathe, KS 66062-7891



## August Birthdays






- 2..... Mary Thuresson
- 5..... Nancy Clark
- 8..... Don Hays
- 8..... Gail Renick
- 10..... Jon Wentz
- 11..... Bryan Underwood
- 12..... Doris Yates
- 14..... Dick Kastner
- 15..... Herb Keck
- 15..... Coleen Modglin
- 17..... Roy Johnson
- 18..... Marlene Hemmer
- 19..... Ronald Dennis
- 19..... Norma Howard
- 19..... Mary Jepsen
- 19..... Pat Woodward
- 21..... Butch Ekena
- 21..... Marcus McBrien
- 21..... Arlene Mohler
- 23..... Ivone Burnett
- 24..... Richard Fenwick
- 28..... Phillip Underwood
- 28..... Marsha Walters
- 29..... Maxine Ellis
- 29..... Doug Estes
- 29..... Ginnie Zimmerman
- 30..... James Gibbs
- 30..... Nancy Kellstrom
- 31..... Ed Mock
- 31..... Bob Wiseman

## August Anniversaries

- 6..... Gene & Carol Hoerman
- 8..... Gilbert & Pat Woodward
- 11..... Pearl & Shirley Smith
- 12..... Larry & Guin Doeden
- 19..... Jack & Denise Grafe
- 19..... Bob & Doris Yates
- 21..... Ray & Wilma Harper
- 22..... Paul & Sandra Cline
- 27..... Don & Virginia Carlson
- 29..... George & Pat Whitney

**If your birthday or anniversary is not included, please notify the church office. Thank you.**

# AUGUST 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Sunday Morning Schedule</b>            8:30 a.m. Outdoor Worship            9:30 a.m. Adult &amp; Children's Sunday School            9:45 a.m. Telling the Biblical Story Adult Class            10:30 a.m. Sanctuary Worship            7:00 p.m. Wednesday Praise Service</p>						1
2 Grace Sunday	3 9:00 Crafts 9:30 Exercise 9:30 Prayer Ministry	4  ←----- Youth	5 9:30 Exercise  5:30 Praise Team 7:00 Praise Service  Float Trip to	6     Current River -->	7 9:30 Exercise	8
9 Community for Christ Food Drive Sunday	10 9:00 Crafts 9:30 Exercise 9:30 Prayer Ministry  7:00 Board Meeting	11 1:00 CWF	12 9:30 Exercise  4:30 Youth Rec. & Meal  5:30 Praise Team 7:00 Praise Serv. With Walter Plant	13  Youth Silver Dollar City Trip  	14 9:30 Exercise	15
16	17 9:00 Crafts 9:30 Exercise 9:30 Prayer Ministry  6:00 Stewardship	18	19 9:30 Exercise  4:30 Youth Rec. & Meal 5:00 Choir 5:30 Praise Team 7:00 Praise Service 	20  <i>Newsletter Deadline</i>  6:00 Evangelism	21 9:30 Exercise	22
23 	24 9:00 Crafts 9:30 Exercise 9:30 Prayer Ministry  4:00 Cancer Support Group	25	26 9:30 Exercise  4:30 Youth Rec. & Meal 5:00 Choir 5:30 Praise Team 7:00 Praise Service	27 4:30 Education  6:00 Elders	28 9:30 Exercise  6:00 Dominoes	29
30	30 9:00 Crafts 9:30 Exercise 9:30 Prayer Ministry				<p><b>If you do not see your event on this calendar, it is not on the church calendar.</b></p> <p><b>Please contact the church office to get your event scheduled.</b></p> <p><b>Thank you!</b></p>	

**West Lake Christian Church (Disciples of Christ)**

936 Hwy. O  
Laurie, MO 65037  
(573) 374-0647

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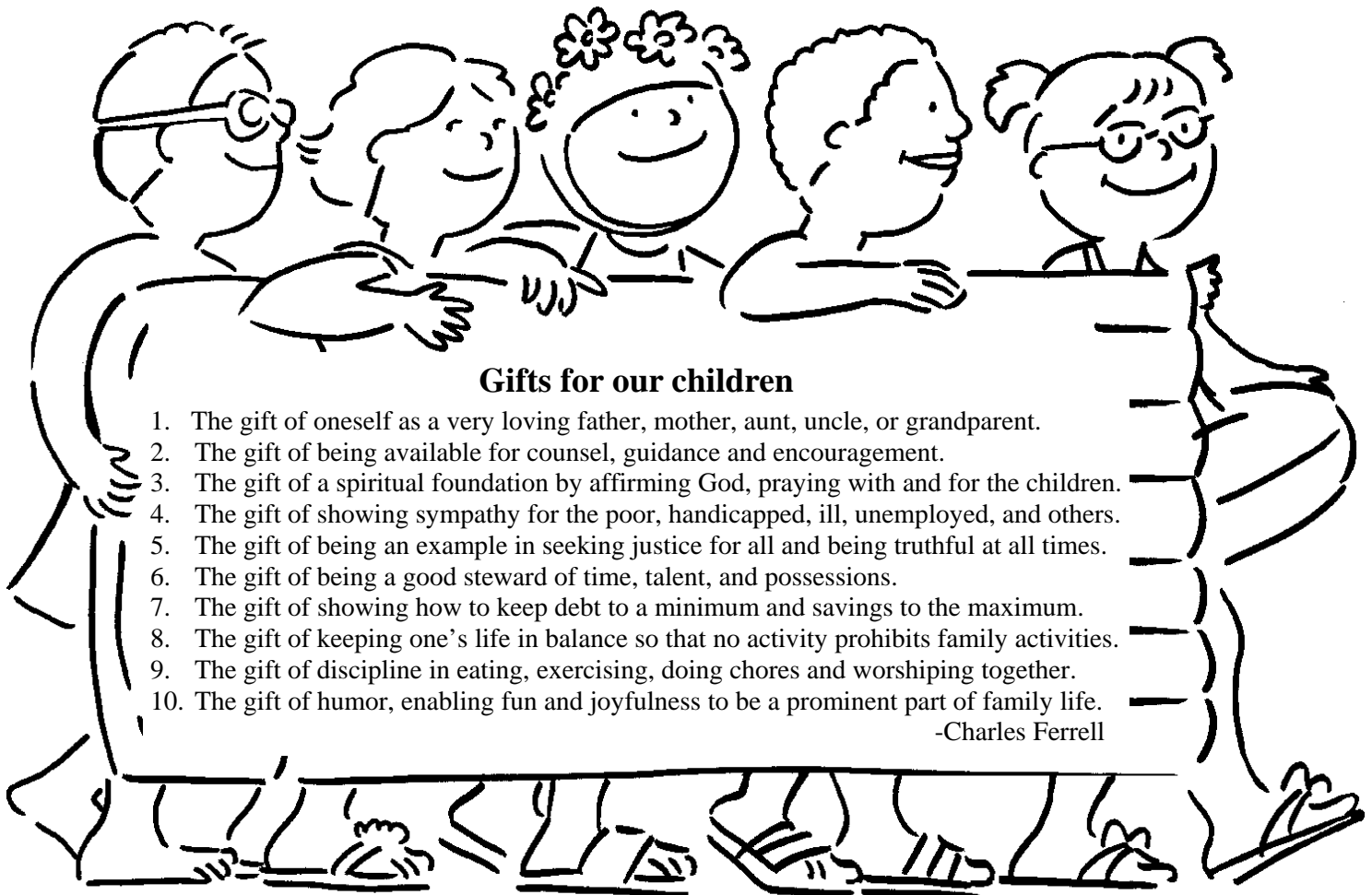
“Address Service Requested”



Website: [www.westlakechristianchurch.org](http://www.westlakechristianchurch.org)  
Email: [Westlake@charterinternet.com](mailto:Westlake@charterinternet.com)  
Fax: 573-374-8195  
Office Hours: Mon-Fri 9 a.m. to 2:30 p.m.

**MINISTRY TEAM**

Jim Stovall, Interim Minister  
Frank Loehr, Minister Emeritus  
Gwen Welch, Treasurer  
Dona Johnson, Music Coordinator  
Betty Greenley, Parish Nurse  
Sandy White, Church Secretary



**Gifts for our children**

1. The gift of oneself as a very loving father, mother, aunt, uncle, or grandparent.
2. The gift of being available for counsel, guidance and encouragement.
3. The gift of a spiritual foundation by affirming God, praying with and for the children.
4. The gift of showing sympathy for the poor, handicapped, ill, unemployed, and others.
5. The gift of being an example in seeking justice for all and being truthful at all times.
6. The gift of being a good steward of time, talent, and possessions.
7. The gift of showing how to keep debt to a minimum and savings to the maximum.
8. The gift of keeping one's life in balance so that no activity prohibits family activities.
9. The gift of discipline in eating, exercising, doing chores and worshipping together.
10. The gift of humor, enabling fun and joyfulness to be a prominent part of family life.

-Charles Ferrell