

## NEWSFLASH

### We have a New Music Coordinator!

After 18 years of dedicated service, Dona Johnson stepped down this past summer as Music Coordinator.

Chris Turner has graciously stepped into this position and we are very glad to have her with us.

Chris was originally from Indianapolis, Indiana where she was fortunate to start piano lessons in Third Grade. Her family moved to Missouri when she was in Eighth Grade, where she credits having a wonderful piano teacher that taught her everything she knows now. In school, Chris played many instruments besides piano such as the trumpet, clarinet, and french horn. Since then, Chris has mainly played for enjoyment and here at WLCC since they joined in July of 2014.

Besides her love of music, Chris' other love is her family. She has been married to Charlie for 51 years and they have been blessed with 2 children, 3 grandchildren and 3 great-grandchildren. Welcome Chris, to this new position!



## Breakthrough

What do you do when a circumstance or relationship in your life is so hard, so big, so overwhelming that it truly seems impossible? Regardless of what it is, you desperately need God to dramatically intervene in your life. Sound familiar? A Breakthrough is not something we sit around and wait for. It happens when we trust God to accomplish the impossible!

Starting 10/23/16 at 9am in the Choir room, Chip Ingram and (facilitator Kent Elliott) will show how to take the first steps toward a spiritual breakthrough so you can unleash God's supernatural power in your home, relationships, church and community. For more information contact Kent at 573-723-2071. How long - 10 weeks. OK to miss classes. No homework!



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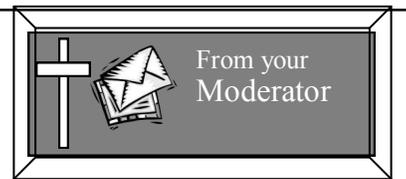


Over the past months, Nancy and I have spent a great deal of time at the University of Missouri Hospital. Like so many we have a routine we have developed. We pull up to the front door and turn the car over to the Valet Parking group, check in at the front desk, repeat our name and date of birth repeatedly, (Nancy, not me) and then head off with the mass of humanity to the color coded halls and elevators to our appointments (the color coding is wonderful).

From the time we pull up at the front door there are those who call us by name, greet us with a smile, and help us find our way along the pathway of healing and recovery. I have watched as a warm word of hello has brought a smile to the face of those whose health conditions seem nothing at all to smile about. To be acknowledged as a human being, makes the long days a little brighter.

God has created us to be in a relationship with Him and with each other. There is a yearning in all of us to be acknowledged, to be noticed, to know that we as a person are important. It is easy to go about our daily routines so focused on the things we feel we need to accomplish that we encircle ourselves in our own cocoon and fail to notice those around us. To be acknowledged is often the greatest gift we can give someone. Perhaps it is done with the nod of the head and a warm hello as we pass someone going into the grocery store, or maybe it is a few lines written in a card and mailed, or just a quick telephone call to say Hi, I was just thinking about you. The world needs more smiles, do your part.

Blessings,  
Kelly



## BREAKthrough

Have you been praying for God to help you make BIG changes in your life, but you're struggling to believe that He *wants* to? Many of us are in dire need of a breakthrough and sometimes, it seems like no matter how hard we try or pray we just can't seem to get our prayers answered. Sound familiar?

So how *does* a breakthrough happen? A breakthrough isn't something we wait around hoping God will do some day. It is something we initiate. First, we must understand that a breakthrough is something God can and *wants* to do. Whether He does this in families, small groups, churches, or even in whole cities and nations, God's deliverance comes by having a clear, strong vision of His goodness and mercy. Jesus is here with unlimited power and He wants to unleash it into our impossible situations.

Ever wonder where the "good" in this life comes from? Most of us look to the world system for good things. We spend our energy, our time, our thoughts and our money on the stuff in this world that won't truly satisfy. So, whatever the breakthrough we long to see happen in our lives or in our families, it will come not when we're down on ourselves, but when we begin to grasp the truth that God cares about us and those around us.

The God of the universe wants us to know that He's so good and powerful that He would use ordinary people like us to receive His extraordinary power in our impossible situations and then pass it on. It's never just about us!

Continued on next page

## October Board Meeting

Thursday, October 13, 2016  
All copies of minutes and financial  
are available in office.

**Breakthrough** (continued from page 2)

Second, to receive God’s breakthrough, we need to “make room” in our hearts and relationships. We also need to “make room” for the huge blessing that is coming when we ask God for a breakthrough. Part of what it means to “make room” is realizing the idols in our life and getting rid of them. – Whatever we’re dealing with – our addictions, our pain, our status, our time, our jobs, etc. It’s about saying to God, **“I’ll do life your way.”**

Will a breakthrough happen overnight? No! It will require courage! But I want to encourage you to take heart because God’s desire and promise is to give us His power and blessing when we turn to Him and trust Him for our strength.

Later in the newsletter you will find more information about a small group study on “BREAKthrough” starting 10/23. Maybe we will see you there.

Have a great October.

Kent

573-723-2071

**C**hristian  
**m**EN’S  
**F**ellowship

**Lake boating excursion and Luncheon** on October 19th at 10:30 a.m. from Sunset Palms. Lunch will be at a waterfront restaurant.



Call GREG KISSELL to reserve a seat if you can attend. (That will help deciding on how many boats we will need to provide.

Greg Kissell, President  
901-335-8976  
greg.kissell@yahoo.com

**CWF NEWS**

**Christian Women’s Fellowship**

The wonderful colors of autumn really demonstrate the majesty of God. The changing textures and movement of shapes allows us to meditate on the purpose of our lives.

The women of West Lake Christian Church are an integral part of God’s plan. These dedicated women invest a lot of time and effort in serving God. At our October meeting we will be putting together 20 kits for the Fall Festival of Sharing. Each person will bring an item needed for personal care to be wrapped in.

A more local area serving those in need is Community for Christ. Our church contributes to the center in many ways. Members serve as volunteers on a regular basis. In addition, we bring food to become part of the food pantry. Recently, contributions have declined. Please add the center to your shopping list and bring in some extra items each Sunday. There are boxes at each level of the church for those items. The center is also asking us to save egg cartons since there is an individual who is contributing fresh eggs to be given to clients.

CWF will also resume sending a treat box to an individual stationed overseas. Contributions to this box would be welcomed. We would like to collect enough Christmas cards to send one to each member of the troop. We will be taking cupcakes to the veterans at Laurie Care Center on November 11.

The women voted to buy eight 6 foot plastic tables for the church. See what I mean by a hard-working Christian group of women!!!

The October 11 meeting will be hosted by Mary Cline and Sharon King. It will begin at 11:30. Join us for fellowship and Christian service.

Carroll Rinker, President



# Pastor Appreciation

Now every church should appreciate their pastor, but many pastors will never be recognized by the world for the time and effort they put into a church congregation. If they are going to be appreciated, it must be done by those within their church. Here are some tips you can use to show appreciation to Kelly.

**Prayer:** Pray. This is not something you can use to show appreciation to him directly, but it is one of the best things you can do for him. If you are praying for him then your personal concern for him will show. Let him know you are praying for him. *Tell him directly.*

**Become a Friend to Him:** Include your pastor in your personal lives as a family. While he cannot go to everyone's family picnic, you can at least *invite him*. Have your pastor over to the house occasionally for a meal. Try to include him where you can in your activities.

**Serve in the Church:** A pastor wants others to grow. There is great joy to a pastor when someone *gets involved* who has previously sat on the sidelines.

**Say Thanks:** *Be specific* when you thank your pastor. He needs to know that you were helped by something he said or did. This is an affirmation to him that he is accomplishing his purpose as a pastor. He wants to lead and nurture the congregation that the Lord has given him. If he never knows you are being helped spiritually then he will never feel complete in the work he is doing.

**Honor His Anniversary at the Church:** Make a big deal out of his anniversary. The level of excitement can be varied each year, but he should know that *you appreciate* his years of service.

**Give Him a Surprise Getaway:** How long has it been since your pastor felt like he could leave town for 3 days and everything would

not fall apart? Would he feel comfortable leaving for a whole week? Many pastors feel like they are on call every day. *Pay for a retreat or vacation for your pastor and his family.* Have people at the church take care of anything that comes up while your pastor is away.

**Send Him to a Conference:** Though pastor's conferences are not always relaxing, they are great for refreshment. Conferences give your pastor much needed preaching on a level that is targeted to him. He is constantly preaching and disseminating information, so it is spiritual boost to have someone preach to him.

Remember that this is often not a vacation. Conferences are usually not restful places even though the pastor is away from his daily responsibilities. Pastors enjoy the fellowship and the knowledge that others are dealing with the same issues he is, but there is also a schedule that keeps the pastor busy and learning.

**Honor Your Pastor's Wife:** You will show great appreciation to your pastor if you show love and respect to the person he loves most in this world. Respect your pastor's wife and *do something special to honor her*. While she is not the public figure in the church that her husband is, she often bears as much of the stress and emotional burden that the pastor carries. Your pastor will know you love him when you love who he loves.

**Show Your Appreciation:** *Take time* to show honor and appreciation to your pastor and his family. Many pastors, put in many more hours than the church office is open. They spend time visiting the sick and dealing with crisis situations that can't wait until the next day. Showing appreciation for the uncertain events of the ministry helps a pastor stay excited for the work the Lord has called him to.

Kent Elliott  
573-723-2071



# SAMARITAN'S PURSE – OPERATION CHRISTMAS CHILD 2016

New Outreach Project – We can be global missionaries right from our church at West Lake!



Samaritan's Purse is an organization headed by Franklin Graham, son of Billy Graham. Operation Christmas Child, the special Christmas project, is a way to help in evangelism and discipleship of children across the world.

**WHAT is it?** We at West Lake Christian Church will supply the contents to fill the gift boxes for children. Each box will contain a “wow” item, personal care items, clothing and accessories, crafts and activities, school supplies, and toys. We fill the boxes and donate the \$7 per box for the shipping fees. Boxes are packed and will be designated for either a girl or boy in ages 2-4; 5-9 or 10-14.

Each gift box is delivered with a book about Jesus in the child's language. Teachers provide a 12-lesson class “The Greatest Journey” where they learn to follow Christ and share Him with others. At the end of their classes each child receives a Bible in his/her own language.

## HOW TO PARTICIPATE:

1. Pray for this project and the children who will be reached.
2. Buy items suggested on the back of this sheet and place in designated plastic bins in the entryway of church before Sunday, November 6.
3. Donate \$\$\$ towards the project. If you aren't a “shopper”, make a donation to West Lake Christian Church designated for Operation Christmas Child. Committee members will buy needed items. We also need donations to cover \$7 per box shipping costs.
4. Attend the PACKING SESSION --(during the week of November 6). Members of the congregation will gather to fill the boxes.



## DATES:

Sunday, November 6 is the deadline for bringing items for the boxes. During the week of November 6, there will be a PACKING SESSION at church.

The completed boxes will be taken to the Camdenton drop off during the week of November 14-21.

**The 2016 Goal for West Lake Christian Church is 100 Boxes!**

Please help by buying items off the suggested list and bringing them to church.  
(Remember "small" -- all of the items must fit in the shoe box.)

**"WOW" ITEMS**

- Doll
- Truck / car
- Soccer Ball (deflated & include a manual air pump so ball can be inflated)
- Small stuffed animal
- Outfit of clothing for smaller child
- Small musical instrument (harmonica, recorder, etc.)



**TOYS**

- Foam ball
- Yo-yo
- Small Frisbee
- Small kite
- Building blocks
- Slinky
- Finger puppets
- Plastic tools
- Etch-A-Sketch
- Hacky-Sack
- Baseball and Mit
- Small plastic farm animals
- Interactive toys that include push buttons, lights and noise (include extra batteries)

**PERSONAL CARE ITEMS**

- Comb, hairbrush
- Toothbrush
- Colorful adhesive bandages
- Washcloth
- Bar soap (individually wrapped or in container)
- Reusable plastic containers
- Cup, water bottle, plate, bowl
- Small blankets
- Nail clipper/file
- Non-liquid lip balm
- Stick deodorant
- Compact w/ inclosed mirror

**SCHOOL SUPPLIES**

- Pencils / pens
- Small manual pencil sharpeners
- Erasers
- Colored pencils
- Pencil case
- Crayons
- Blank index cards
- Solar powered calculators
- Safety (blunt tip) scissors
- ruler
- Small tablets
- Glue sticks (no liquid)
- Colorful tape
- Small colored paper

**CLOTHING AND ACCESSORIES**

- Shirts and pants
- Pillowcase dresses (loose fitting sun-dresses)
- Underwear
- Shoes and socks
- Flip flops
- Hat / scarf / mittens
- Sunglasses
- Tote bag / purse
- Small blankets
- Hair bows, clips, ribbons
- Wrist watch
- Bandanas
- Bead kits / jewelry

**CRAFTS AnD ACTIVITIES**

- Markers
- Coloring pads / color books
- Picture books / notebooks
- Glue stick ( NO liquid glue)
- Small color adhesive tape
- Watercolor set / brushes
- Make-it-yourself craft items / kits
- Kaleidoscopes
- Marbles
- Play dough (cookie cutters)
- Stickers
- Chalkboard & chalk
- Costume items for dress up
- Plastic animals, figures
- Etch-A-Sketch
- Binoculars
- NO liquid paints

**Items that cannot be included:** used or damaged items, war-related items such as toy guns, knives or military figures, seeds, food, liquids or lotions, medications or vitamins, breakable items such as snowglobes or glass containers, and no aerosol cans.

2016 Goal for West Lake Christian Church is 100 Boxes!



**T**he following names have been in need of our prayers. Please call the church office if you would like a name on the prayer list. Names will be taken off the list after one month, but you are always welcome to request that the name be added again.

- |                  |                   |
|------------------|-------------------|
| Myron Blackwell  | Dolly Mills       |
| Nancy Caldwell   | Alene Reed        |
| Larry Clark      | Alice Reeder      |
| Marilyn Delaney  | Judith Richardson |
| Angela Flores    | Helen Smith       |
| Carolyn Garrison | Elizabeth Vaughn  |
| Betty Greenley   | Bill Vaughn       |
| Jami Hyde        | Latricia Vaughn   |
| Dona Johnson     | Larry Voorhees    |
| Roy Johnson      | Marsha Walters    |
| Kay Kastner      | Lorene Wilcox     |
| Teresa Kimminau  |                   |

## Care Center Residents



### Laurie Care Center/

#### The Knolls

Helen Blackwell,  
Maxine Ellis,  
Stanley Field,  
Kay Kastner  
Bill Sell  
Lorene Wilcox

### Good Shepherd

#### Care Center

Ruth Robin

### Good Samaritan Nursing Home

Dolly Mills  
Lundquist



- 2nd Judy & Mary McGinnis  
3rd Roy & Betty Snitker  
10th Joe & Peggy Proch  
11th Kirk & Karen Storm  
12th Charles & Mary Ellen Flinn  
17th Don & Cathy Bell  
22nd Chuck & Pam Folker



- 4th Anita Hohnecker  
8th Donna Roberts  
9th Joy Baze  
11th Katie Flieger  
14th Ellis Clark  
16th Wanda Iiams  
20th Lois Fenwick  
20th Bobbi Miles  
20th Linda Nielsen  
21st Doris Bayless  
21st Ada Wilson  
22nd Louise Hancock  
22nd Lisa Clark  
22nd Pearl Smith

## From Our Parish Nurse

Betty Greenley



LRHS Parish Nurse Network  
Wellness Tip of the Month

# Hypothyroidism

### What is it?

The thyroid is a small gland in the neck which secretes hormones that help regulate our body's metabolism. These hormones influence several organs in our body-telling them how fast or how slow they should work. Hypothyroidism occurs when the thyroid gland does not produce enough of the hormone and then a person's metabolism is slowed.

### Who is at Risk?

Race (Being white or Asian)  
Aging persons  
Bipolar disorder  
Down Syndrome  
Autoimmune disorders- Type 1 Diabetes, Multiple Sclerosis, Rheumatoid Arthritis, Addison's Disease, Celiac Disease

### Symptoms

Fatigue  
Mental depression

### Symptoms cont'd

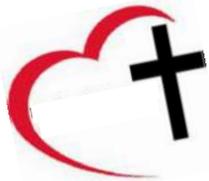
Sluggishness  
Feeling Cold  
Weight Gain  
Dry skin and hair  
Constipation  
Menstrual Irregularities

### Treatment

If a person has these symptoms, see a physician. The physician will order tests including a thyroid blood test. If the thyroid levels are consistent with hypothyroidism, the physician may order medications to replace the thyroid hormone. Blood levels of the thyroid will have to be monitored intermittently to make sure that the dose is appropriate.

Resource-<http://hormone.org/Thyroid/overview.cfm>

Lake Regional  
Health System  
[www.bbeck@lakeregional.com](mailto:www.bbeck@lakeregional.com)



## MEDICAL MISSIONS FOR CHRIST

### 5th Annual Trivia Challenge

Saturday, October 15, 2016  
School of the Osage Middle School\*635 Highway 42\*Osage Beach, MO

**Guest Emcee: \* Brandon Beck \***  
**KY3 Morning Meteorologist**



**Silent Auction \* Door Prizes \* Food \* Fun**

Tickets \$15 in advance or \$20 at the door

All proceeds benefit Medical Missions for Christ Clinic. Doors open at 4:30 p.m. Food and beverages (included) served at 5:30. Teams of 6 per table. Reserved seating for pre-registered teams. Individuals and incomplete teams will be matched at the door.

Download additional registration forms at our website [www.MM4C.org](http://www.MM4C.org) or email a request to [Carolyn-MM4C@yahoo.com](mailto:Carolyn-MM4C@yahoo.com) \* Call 573-346-777 for more details.



Our prayers and condolences to Martha Bultemeier and her family in the passing of her husband,

Herb Bultemeier

on September 3, 2016



## DIRECTORY ADDITIONS AND CHANGES

### CHANGES:

**Coleen Modglin's** new address:

228 Cougar Drive  
Gravois Mills, MO 65037  
(everything else is the same)

**Mary Fizel's** phone number: 573-207-8508

Please make sure to make above changes in your new directory. If you haven't received your 2016 directory, come by the office to pick one up.

## Applying Bible Principles



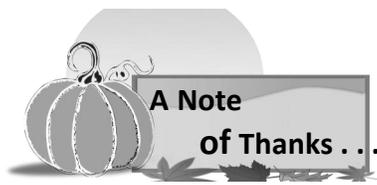
One of the most striking accusations the Lord Jesus made when He was on earth was to label someone a hypocrite. Time and time again, He criticized the Pharisees and others for their hypocrisy. They said one thing but did something entirely different. They fit a description by Zig Ziglar who said, "A hypocrite is one who is not himself on Sunday."

That's perhaps what the Apostle Paul had in mind when he wrote to Timothy: "If anyone does not provide for his relatives, and especially for his immediate family, he has denied the faith and is worse than an unbeliever." In other words, to give credence to Christianity, to give lip service to following Christ and to trusting in Him as Savior and Lord, and then to fail to provide for our own family, is hypocrisy. To do so, in reality, is to deny our faith and to be considered as someone who has no faith in the Lord Jesus Christ and no interest in spiritual matters.

It seems like such a small thing – relatively speaking (pun intended) – that Paul is exhorting Timothy to do. Provide for your own household, your own relatives. Take care of those under your care. Minister to those closest to you as a demonstration of your Christian faith.

Yes, we are to give to His ministry here at West Lake Christian Church. Yes, we are to be involved in ministering to others "on our own" and as part of the outreach of this church. But we are also to provide for our own families. We are also to minister to them and to care for them, for by doing so, we demonstrate the practical reality of our Christian faith. We thereby avoid the label of "hypocrite" since what we say is what we do.

How's the balance in your life? Are you providing for the needs of this ministry *and* those of your household? As a result, do others (especially your family) see Jesus in you?



A BIG THANK YOU to all who made the Craft Show/ Bake Sale a success!

The crafters, the bakers, those who helped set up the show, and those who helped advertise the show. We could not do it without you!

Diane Gilmore and Mary Ellen Flinn



9/16/16

Kelly, Thank you so much for your kind words of comfort. I wanted to thank you and your congregation for all their thoughts and prayers for my husband Ernie.

May God richly bless you and your congregation.

In Christ,  
Shirley Wickham  
(Marilyn Rothove's sister)



9/17/16

Just want to let everyone know that we think of West Lake Christian often. You are in our thoughts and prayers.

Keith and Jan Robinson



Dear Friends:

On behalf of the LAMB House Board of Directors and Manager Pat Woodward, may I thank you sincerely for your donation of \$102.00. Our thanks also for your continued faithful support of our programs. Because of you and others like you, we have been able to continue our mission to help the needy of this community for 36 years.

God Bless you all.

Sincerely,

Maureen Berry, Corresponding Secretary

# COMING SOON



## EVENTS

**\*Mexican Train Dominoes:** Come enjoy a night out with friends while we play Mexican Train Dominoes. The fun starts at 6:00 p.m. on the last Friday of the month in the Library. Bring a snack to share!

**\*Happy Hour Support Group:** If you are single or living alone and would like to meet other people who are just like you, please come and join the Happy Hour Support Group. They meet on the last Thursday of each month for dinner at 4:30 p.m. Call Peggy Crockett at 372-5300 to find out where this social group is meeting for dinner this month!

### Coming in November at West Lake Christian Church:



- A movie night - date and time to be decided!
- Packing Session for Operation Christmas Child Boxes
- 2017 Kitchen Helper Plan - draft to be reviewed

### Coming in December

- Saturday, December 10 - Christmas Workshop

St. Louis Taiko Drummers will be presenting a most unique percussion program on October 15, 7:00 p.m. at the School of the Osage. The drummers are dedicated to the preservation of this Japanese art and create harmonious music in a jazz style.



Strong choreography and colorful costumes create an artful 45 minute performance followed by an opportunity for audience members to receive hands on instruction in playing the drums. Tickets are \$10 for adults, \$5 for students (kindergarten thru grade 12) and will be available at the door, thru EVENTBRITE or the Lake Arts Council office, by calling 573-964-6366, Mon. thru Fri., from 9 a.m. until 1 p.m.

# October 2016

## Special dates

- World Communion Sunday, October 2, 2016
- Reformation Sunday, October 30, 2016
- Reformation Day, October 31, 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Sunday Morning Schedule</b>						
<p>8:00 a.m. Partners in prayer-open to all</p> <p>9:00 a.m. "How to find Simplicity . . ."</p> <p>9:15 a.m. Digging Deeper in the Scriptures Class</p> <p>9:15 a.m. Children's Sunday School</p> <p>10:30 a.m. Sanctuary</p>						1
2	3	4	5	6	7	8
Dinner for 8!			<p>9:30 Exercise</p> <p>5:00 Praise Team</p> <p>6:30 Supper &amp; Soul</p>	<p>10:00 Board Mtg.</p> <p>9:00 - 11:00 "Women in Ministry Study Group"</p>	9:30 Exercise	
9	10	11	12	13	14	15
 <p>Community For Christ Food</p>	<p>9:30 Exercise</p> <p>9:30 Prayer Ministry</p> <p>10:00 - Communications Meeting</p>	11:30 CWF	<p>9:30 Exercise</p> <p>5:00 Praise Team</p> <p>6:30 Supper &amp; Soul</p>	<p>9:00 - 11:00 "Women in Ministry Study Group"</p>	9:30 Exercise	
16	17	18	19	20	21	22
Fellowship Dinner	<p>9:30 Exercise</p> <p>9:30 Prayer Ministry</p>	1:30 Church Growth	<p>9:30 Exercise</p> <p>Noon Newsletter Deadline</p> <p>5:00 Praise Team</p> <p>6:30 Supper &amp; Soul</p>	<p>9:00 - 11:00 "Women in Ministry Study Group"</p>	9:30 Exercise	
23	24	25	26	27	28	29
	<p>9:30 Exercise</p> <p>9:30 Prayer Ministry</p>		<p>9:30 Exercise</p> <p>5:00 Praise Team</p> <p>6:30 Supper &amp; Soul</p>	<p>9:00 a.m. Fold Newsletters</p> <p>4:30 Happy Hour Support Group</p> <p>6:30 Elders</p>	<p>9:30 Exercise</p> <p>6:00 Dominoes</p>	
30	31					
▼	<p>9:30 Exercise</p> <p>9:30 Prayer Ministry</p> <p>Happy Halloween</p>					

**West Lake Christian Church** (Disciples of Christ)

936 Hwy. O  
Laurie, MO 65037  
(573) 374-0647

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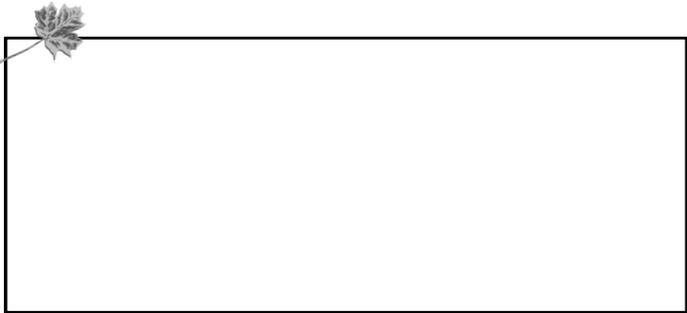


Website:

www.westlakechristianchurch.org  
Phone: 573-374-0647  
Fax: 573-374-8195  
Office Hours: Mon-Thu 9 a.m. to 3:30 p.m.

**Ministry Team**

Kelly Caldwell, Pastor  
Email: Pastor@westlakechristianchurch.org  
Jan Martin, Church Secretary  
Email: Westlakechristianchurch@gmail.com  
Marilyn Rothove, Financial Associate  
Email: Marilyn@westlakechristianchurch.org  
Chris Turner, Music Coordinator  
Betty Greenley, Parish Nurse



**FOOD & FELLOWSHIP  
MINISTRIES**

All are Invited - so tell your neighbors, friends and family!  
**JOIN US!**



**POTLUCK DINNER**

**Monthly Fellowship Dinners  
Sunday, October 16, 2016**

Our monthly potluck fellowship dinners will be held on the 3rd Sunday of the month following the 10:30 Worship Service.

Come spend time visiting with good friends, sit with others you might not know too well, invite visitors to join your table, and get acquainted! And of course, bring your favorite dish or two to share.

**October 16  
Kitchen Team \*\*Leaders**

\*\*Mike and Sue Thrams, Rich and Lois Larry and Mary Jepsen, Tony Smith and don, Charlie and Chris Turner.



**SUPPER & SOUL**

Potlucks each Wednesday at 6:30 p.m.  
Come join us for fellowship, and food for your soul and your body!

**October Kitchen Teams (\*Leaders)**

**October 5:** \*Joe & Peggy Proch, Greg Kissell, Ed Mock, Ed & Nancy Milburn.

**October 12:** \*Tony Smith & Jo Herndon, Rick Pace & Norma Johnson, Don Scott, Betty Snitker, Mike & Sue Thrams.

**October 19:** \*Carroll Rinker, Mary Ellen Flinn, Cindy Hoch, Donna Roberts, Charles & Chris Turner.

**October 26:** \*Kent & Mary Elliott, Susan & Jack Chapman, Diane Miles, Mel McKeown, Nancy Pate.