

In this Issue:

Page 2

Kelly's Corner
From Your Moderator

Page 3

CWF News
Fellowship Dinner
Applying Bible Principles

Page 4

World Communion Sunday
In Need of Prayer
Lost Eye Glasses

Page 5

Church Directory Additions
Parish Nurse

Page 6

A Note of Thanks
Birthdays & Anniversaries

Page 7

October Calendar

Page 8

CMF History tour

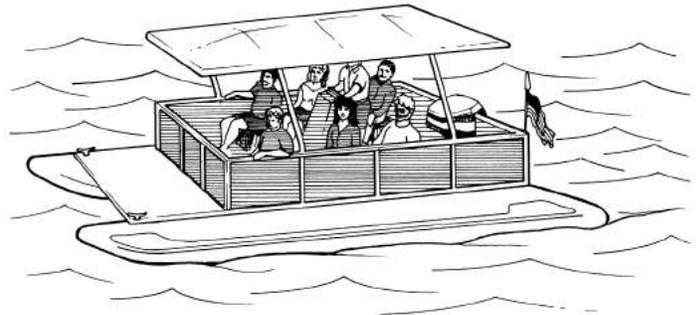


CMF October Event

All men are invited to a **lake excursion** on Thursday, October 8. We will meet at 10:30 a.m. in the Sunset Palms Condominium's parking lot, located at Highway 5 and the south end of the Hurricane Deck bridge. We will have lunch somewhere on the lake (your expense) and return around 2:00 p.m.

Sign up on the clipboard in the entryway and let us know how many will be coming.

If you have any questions about CMF (Christian Men's Fellowship) or this month's activity, call Greg Kissell at 901-335-8976.



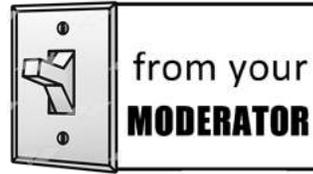
Medical Missions For Christ Annual Trivia Challenge Saturday, October 17

Brandon Beck, from KY3, will be the celebrity emcee at this year's Medical Missions For Christ Annual Trivia Challenge. Brandon was voted the Ozark's favorite TV meteorologist 10 years in a row. He is a devoted Christian, family man, and popular speaker known for his wacky sense of humor.

Doors open at 4:45 p.m. Food and beverages (included) served at 5:30. The contest begins at 6:15. Casual attire. There will also be door prizes and a silent auction.

It will be a great evening of food and fun at the Camdenton First Baptist Church's multipurpose gymnasium, just south of the square at 186 S. Business Hwy 5. Tickets are \$15 in advance or \$20 at the door. See Nancy Milburn to purchase your tickets early.





**Don't squander the time
God has given you.**

October has been declared "Ministry Appreciation Month" as an occasion to acknowledge those who work in service to the spiritual needs of others.

I would like to take this opportunity to say a very special "**Thank You**" to all who give so much to our church.

Thank you for giving so generously of your finances, thank you for all the hours you spend keeping our building in shape, for helping us lift our voices in song, for giving us an opportunity to share fellowship over a meal.

Thank you for bake sales and craft sales and white elephant auctions. Thank you for readings and prayers and phone calls and cards. Thank you for flowers and vacation bible school and Adult Bible Study classes. Thank you for worship, and music and communion and sound.

Thank you for our website and a/c and heat. Thank you for lights on and lights off and doors opened and locked. Thank you for coffee and donuts and shoveled sidewalks. Thank you for folding bulletins and newsletters and answering phones.

Thank you for gathering and counting our gifts. Thank you for serving here in our church and out in our community. Thank you for all that I've mentioned and all that I have not. Thank you for sharing your time and your gifts. Thank you for helping to make this a church.

*I thank my God every time I remember you.
Philippians 1:3*

Love in Jesus
Kelly

**Nearly 50 million people in the
United States are facing hunger...**

see how you can help...

Wednesday
October 7, 2015
6:30 PM
Loehr Center

That statement popped up in one my readings the other day, after the reminder that the newsletter article was due on Thursday. What wisdom can I share that will be of use to you? It does cause me to think ahead since writing about October in the middle of September is causing a mind stretch. October is kind of a slow month. A glance at my calendar reminds me that on 10/25 the US invaded Grenada—that may have been the last successful conflict resolution we have had.

Halloween candy is replacing the back to school items at Walmart. We have had the first 40 degree evening and the annual debate has started about when to turn on the furnace and experience that "smell" from the months of dust accumulation during that first warming experience. I had a friend back in Illinois that made it a rule that once you switched from A/C to heat, you could not switch back. Other than that, he was a great guy.

The church has started the monthly fellowship dinners, some of the snow birds are making sounds like they will be departing soon, the annual hunt for firewood begins, the annual search for folks to assume some of the tasks of helping the church function has started. Speaking of that, what do you think you could do to help the church run smoothly? Believe it or not, Kelly can't do it all – no matter how hard he tries.

Now, squandering the time God has given you, us, me is easy. How many hours do you spend in front of the tubes? TV ____, computer monitor ____, smart phone ____, Shall I stop? Now it is not for me to say that you are squandering your time, but I do!! So, I guess this missive has become an analysis of our time, how God would see it and an offer to put some of that spare time to use serving West Lake Christian Church. Ask Kelly or me for some opportunities to consider.

Be reminded of Romans 12:6-8 (ERV)

Give Your Lives to God

"We all have different gifts. Each gift came because of the grace God gave us. Whoever has the gift of prophecy should use that gift in a way that fits the kind of faith they have. Whoever has the gift of serving should serve. Whoever has the gift of teaching should teach. Whoever has the gift of comforting others should do that. Whoever has the gift of giving to help others should give generously. Whoever has the gift of leading should work hard at it. Whoever has the gift of showing kindness to others should do it gladly."

Kent Elliott, 573-723-2071



CWF NEWS

Carroll Rinker, President
Christian Women's Fellowship

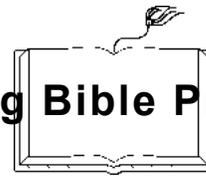
The Craft and Bake sale over the Labor Day weekend was a huge success due to all the work put in by the women of CWF, especially the women who made the crafts and the people who contributed baked goods for the sale. This money raising project has been directed by Pat Roberts and Doris Yates for almost as long as this church has existed. The amount of work these two ladies have put into getting craft ideas and supplies, keeping everyone on task and then selling the items is phenomenal.

Because of all this work, a significant amount of money is raised each year for the causes that CWF supports. These donations have already begun to be mailed out with additional donations in the near future. Contributions to the church's debt and electrical bill have been major recipients of these gifts.

Items are still on sale in the CWF Gift Shop. It isn't too late for that Christmas gift or holiday decoration.

Our September meeting was enjoyed by all who attended, thanks to the decorations and desserts by hostesses Mary Ellen Flinn and Betty Snitker. Our next meeting will be at 11:30 a.m. on Tuesday, October 13. Come and be a part of this busy group of ladies.

Applying Bible Principles



There are some wonderful principles in the Old Testament which apply to present-day Christians. One of these is in Deuteronomy 8:10-18. Stated in contemporary language, it says, "When you have eaten and are full, and when your cars, houses and bank accounts multiply, don't forget where it came from: Remember the Lord your God."

In truth, all that we have comes from God. He determines what we will receive, whether it be money, gold, silver, houses, land, bank accounts, stocks, bonds, etc. It all belongs to Him in the first place, and He entrusts it to us. According to David's prayer in 1 Chronicles 29, riches, honor, power, and wealth all come from God.

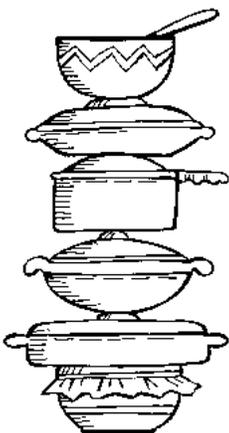
That's why there is no such thing as a self-made man or woman. Oh, we have to do our part. God's plan is not that we just sit around praying and reading the Bible all day long so that what we need to survive will miraculously drop into our hands. We're not just to pray for our "daily bread," but we're also to get up each day and work for it! That's why the Apostle Paul stated clearly, "If a man will not work, he shall not eat" (2 Thes. 3:10). But in reality, the amount of money and wealth which we receive is determined by God. According to His divine will and knowledge, He entrusts to each of us the amount which He knows will be best for us.

What should be our reaction to our financial state? Some might pray, "Dear Lord, you must have made a mistake concerning me and my finances. Please give me more money." Others might try to circumvent God's design for their lives by trying to win the lottery or to obtain large sums of money through some other means. Mature Christians, however, will realize God's infinite wisdom far surpasses their limited perspective. They will accept with a thankful spirit what God has entrusted to them and seek to honor God by their living and by their giving.

Fellowship Dinner

Join us for a great pot-luck meal and time of fellowship with each other on **Sunday, October 18.**

We will gather in Loehr Center right after the worship service.



WORLD COMMUNION SUNDAY

October 4, 2015

After saving England from Napoleon's threats in 1815, the Duke of Wellington achieved hero status. One Sunday, as the duke approached the altar for communion, a poor man from London's streets, wearing rags, knelt beside him. The indignant minister whispered for the vagrant to move away. "Don't you realize this is the great Duke of Wellington?" he asked.

When the duke overheard, he responded, "Leave him alone. We're all the same here. The ground is level at the cross."

That's the spirit in which we celebrate World Communion Sunday on the first Sunday of October. Paul says believers share the Lord's Supper by partaking of the "one bread" (1 Corinthians 10:17). Everyone at the communion table is equal in God's sight, needing his forgiveness and grace.

The Beauty of Growing Old

"How beautifully leaves grow old," wrote 19th-century essayist John Burroughs. "How full of light and color are their last days."

Society doesn't think highly of old age. Beauty products tout the supposed virtues of maintaining a youthful appearance. Older adults' wisdom, born of much life experience, is often disparaged, ignored or not sought. But God says this about the righteous, whose lives are rooted in him: "In old age they still produce fruit; they are always green and full of sap, showing that the LORD is upright" (Psalm 92:14-15, NRSV).



The aging leaves of autumn can prompt us to look for beauty in the seniors among us, to notice the "light and color" that still abound. From all the fruit they still produce - service, prayer, love - may we learn about living faithfully until our own "lasts days."
-Heidi Mann



The following names have been in need of our prayers. Please call the church office if you would like a name on the prayer list. Names will be taken off the list after one month, but you are always welcome to request that the name be added again.

Stacy Bennett - Maggie Houdek's niece
Myron Blackwell
Terry Cooper
Shirlie Copeland
Larry Goodrich - Charlotte Whalen's friend
Maggie Houdek
Kay Kastner
Deseree Lintz - Dolly Mills' granddaughter
Jane McKeown
Paula Miller
Nip & Arlene Mohler
Noah Reno - Barb Steck concern
Bill Reynolds - Gerri Beard's friend
Linda Thomson - Maggie Houdek's sister
Aiden & Amanda Williams
Mick Williams
Doris Yates

The Knolls & Laurie Care Center

Care Center Residents



Helen Blackwell
Maxine Ellis
Stanley Field
Arlene Mohler
Lorene Wilcox

Lost and Found Glasses



In our entryway, on the credenza, is a basket full of eye glasses and cases. If you have lost any glasses please check there before the end of October. After that time we will donate them to the Lion's Club Eye Glasses Recycling Program.

Church Directory Additions

New Members:

James & Heather Harrod joined 8/30/15
(Anna, Elisha, Josiah, Lydia)
28315 Highway 135
Gravois Mills, MO 65037

Pam Cummins joined 9/6/15
105 Red Rock Circle
Sunrise Beach, MO 65037

Maggie Houdek
573-286-5087 new cell

Please be sure to make these additions in your directory so that you will always have the most current information. Thank you. Sandy White



From Our Parish Nurse

Betty Greenley



LRHS Parish Nurse Network
Wellness Tip of the Month

GOAL: 10,000 Steps Per day

Walk Your Way to Better Health

Deciding to make lifestyle changes to improve your health is easy, but getting started can often be challenging. There's a simple way you can increase your physical fitness and decrease your risks for heart disease and cancer. It's something that most of us already do—just probably not enough. Walking every day goes a long way toward building a healthier body and mind.

Walking provides a wide range of health benefits that include increased bone density, improved heart health and better muscle tone. Walking also helps to reduce stress, boost the immune system, improve mood, and help manage your weight.

Getting Started

The International Longevity Center-USA (ILC-USA) is encouraging older adults to start walking and counting their steps. To increase or maintain physical fitness, they suggest you take 10,000 steps per day.

While 10,000 steps may seem like a lot, you're probably already closer than you think. Most people, unless totally inert, walk 3,000 steps a day.

Sticking With It

Studies show that people are far more likely to stick to an exercise that's easy, social, varied and fun—just like walking. Regular walking is a great way to catch up with your spouse, coworkers, or friends. And walking with a partner or in a group also helps to foster accountability and friendly competition.

If you're ready to begin but overwhelmed by the number, take heart—everyday life provides plenty of opportunities to make the 10,000 steps per day goal. Wearing a pedometer, also known as a step counter, can help you stick to your program. When worn all day, counters record activities that you may not think of as exercise, such as running errands or moving around your house. This can provide motivation due to the immediacy of the feedback.

Safety First

Check with your doctor or health care provider before you begin any physical fitness program. If you're not active now, try starting with a more modest goal in mind. Begin by walking 3,000 steps per day for a week. Then, as this becomes easier, gradually increase your count and build toward the 10,000 steps per day goal.

A NOTE OF THANKS...



Except to say a simple "thank you", it is hard to adequately express the comfort we received from your prayers, cards, and words of sympathy and encouragement you shared with Kent and I during my sister's illness and passing. Thank you also to those who stepped in to finish tasks we left behind while we were gone. We are blessed to have you in our lives.

Mary Elliott

.....
West Lake Christian Church,

Thank you so much for all the love, friendship, food, hugs, and caring as we celebrated Duane Mitchell's life. I could not have shared this time without this church family.

Thank you from Duane's family and Muff

.....
We are truly blessed to have friends like you. Because of your kindness, we are able to touch the lives of many young women and their babies affected by an unplanned pregnancy.

We gratefully acknowledge your gift of \$318.29 to the Baby Bottle Campaign in July 2015.

Erma Moenkhoff

Ex. Director, Pregnancy Help Center

.....
I wanted to thank you all for the use of the outdoor sanctuary, for all the volunteers, for all of you precious hearts that supported the "Operation Release the Word." What an amazing time in the Lord with such awesome believers.

You'll always be family no matter where God sends me. You are all very special and a great blessing to know. No matter how much the devil tried to shut us down, we just kept coming and we finished victoriously. Thank you last remnant that helped wrap it up and were so gracious about all the changes.

Love you all. Lilly Fizell

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Letters of thanks and gratitude for our donations were received in the church office from:

Citizens Against Domestic Violence (CADV), Medical Missions For Christ Community Health Center, and Community For Christ.

Copies of the monthly Board Minutes and Financials are always available in the church office.

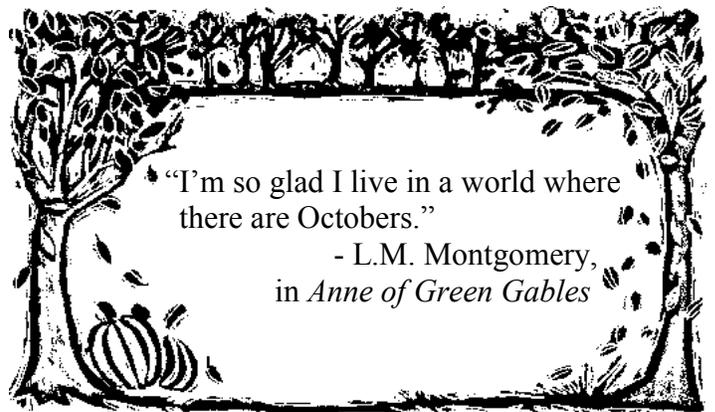
October Birthdays

- 4..... Anita Hohnecker
- 8..... Donna Roberts
- 9..... Joy Baze
- 11..... Katie Flieger
- 11..... Lou Slater
- 14..... Ellis Clark
- 16..... Wanda Iiams
- 20..... Lois Fenwick
- 20..... Linda Nielsen
- 20..... Sandy White
- 21..... Ada Wilson
- 22..... Lisa Clark
- 22..... Louise Hancock
- 22..... Pearl Smith
- 29..... Herb Bultemeier

October Anniversaries

- 2..... Marty & Judy McGinnis
- 3..... Roy & Betty Snitker
- 10..... Joe & Peggy Proch
- 11..... Kirk & Karen Storm
- 12..... Charles & Mary Ellen Flinn
- 17..... Don & Cathy Bell
- 18..... Ron & Pat Lichte
- 30..... Herb & Martha Bultemeier

If your birthday or anniversary is not included, please notify the church office.





OCTOBER

2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p style="text-align: center;"><u>Sunday Morning Schedule</u></p> <p>9:00 a.m. Bible Study 101, Small Group 9:30 a.m. Parables, Elementary, Youth 10:30 a.m. Sanctuary Worship</p>				1	2 9:30 Exercise	3 7:00 NA
4 	5 9:30 Exercise 9:30 Prayer Ministry	6 7:00 NA	7 9:30 Exercise 5:00 Praise Team 6:30 Supper & Sou1	8 10:30 CMF Lake Excursion	9 9:30 Exercise	10 7:00 NA
11  Community For Christ Food Drive 11:45 Board Meeting	12 9:30 Exercise 9:30 Prayer Ministry	13 11:30 CWF 7:00 NA	14 9:30 Exercise 5:00 Praise Team 6:30 Supper & Sou1	15	16 9:30 Exercise	17 7:00 NA
18 11:45 Fellowship Dinner 	19 9:30 Exercise 9:30 Prayer Ministry	20 Noon Newsletter Deadline 4:00 Church Growth 7:00 NA	21 9:30 Exercise 5:00 Praise Team 6:30 Supper & Sou1	22 6:00 Elders	23 9:30 Exercise	24 7:00 NA
25	26 9:30 Exercise 9:30 Prayer Min.	27 9:00 Newsletter Folding 7:00 NA	28 9:30 Exercise 5:00 Praise Team 6:30 Supper & Sou1	29 4:30 Happy Hour Support Group	30 9:30 Exercise 6:00 Dominoes	31 7:00 NA

West Lake Christian Church (Disciples of Christ)

936 Hwy. O
Laurie, MO 65037
(573) 374-0647

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Fax: 573-374-8195
Office Hours: Mon-Thu 9 a.m. to 3:30 p.m.

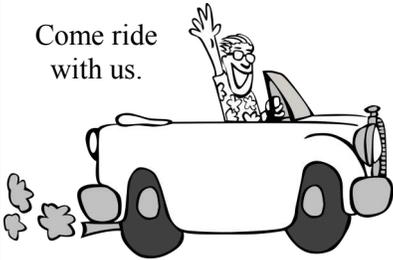
Ministry Team

Kelly Caldwell, Pastor
Email: Pastor@westlakechristianchurch.org
Sandy White, Church Secretary
Email: Westlakechristianchurch@gmail.com
Marilyn Rothove, Financial Associate
Email: Marilyn@westlakechristianchurch.org
Dona Johnson, Music Coordinator
Betty Greenley, Parish Nurse



Lake of the Ozarks History Tour

Come ride
with us.



Join the CMF (Christian Men’s Fellowship) for several hours of history and an all you can eat lunch for \$10, on Thursday, November 12, 2015. We will meet at 10:30 a.m. at the church and you can leave the driving to us.

The day will include the history of the Osage River valley, the construction of the dam, and the people and places that made the Lake of the Ozarks a reality. Explore towns that were relocated or submerged by the Lake and the stories of the area before, during, and after Bagnell Dam’s creation.

Contact Kent Elliott at 573-723-2071
to save a spot.

